

# Office Rotations with Dr Laseter

The first thing about training in the OMM office setting is to learn how to learn in this specialty. It is important not to disturb the therapeutic process. Always strive to increase your powers of observation. For the most part be quiet. Do not touch anyone without first asking their permission, and never, ever treat anyone unless I have specifically requested that you to do so. Many of my patients are accustomed to students and generously allow students to palpate. Some have seen quite a number of medical students and add value to the learning and teaching experience for both of us.

Students with training in Cranial Osteopathy see the value in following the treatment process through continuous palpatory contact. For those without this training we use the more familiar teaching methods found in the undergraduate OMM lab. Nothing can bridge this gap except your first 40-hour course in the Cranial Field. For those with career interest in OMM we are here to help you meet your professional goals. For those wishing to employ OMM in an adjunctive capacity, we are happy to assist you as well. However, it is important to understand that a good deal of time is devoted to treating through the cranium. Shorter rotations are indicated until students have taken their first cranial course.

I will make every effort to show you how to follow the treatments with your hands. This is how we learn. Hold most questions until we are out of the treatment room. Help me stay on time. Don't distract me. A few patients are uncomfortable with students in the room. Don't take offense. There will be opportunities to perform OMT, often on family members of the patients. I am happy answer all your questions after hours.

Check the schedule with my staff daily. We usually start at 8 or 8:30 and go until 5-6 Monday through Wednesday. Thursday hours are approximately 10-6:30. Fridays often involve advanced Meditative-Exercise class and assessing progress in your training. Meditative-Exercise classes are on a separate schedule. Participation in these classes are required. Attendance at any local educational events I am providing are also required. Residents and others requiring accommodations in scheduling should discuss this with us prior to scheduling training opportunities.

Lunch options include packing a lunch and using our little refrigerator or you can check out many nearby restaurants. Don't park directly in front of the building. I will usually take you to lunch or dinner once to get to know you better and see how to best meet your needs. I will take a personal interest in you and your career, including your health. I promise you a memorable training experience.

Sincerely,

Dr Laseter and Staff